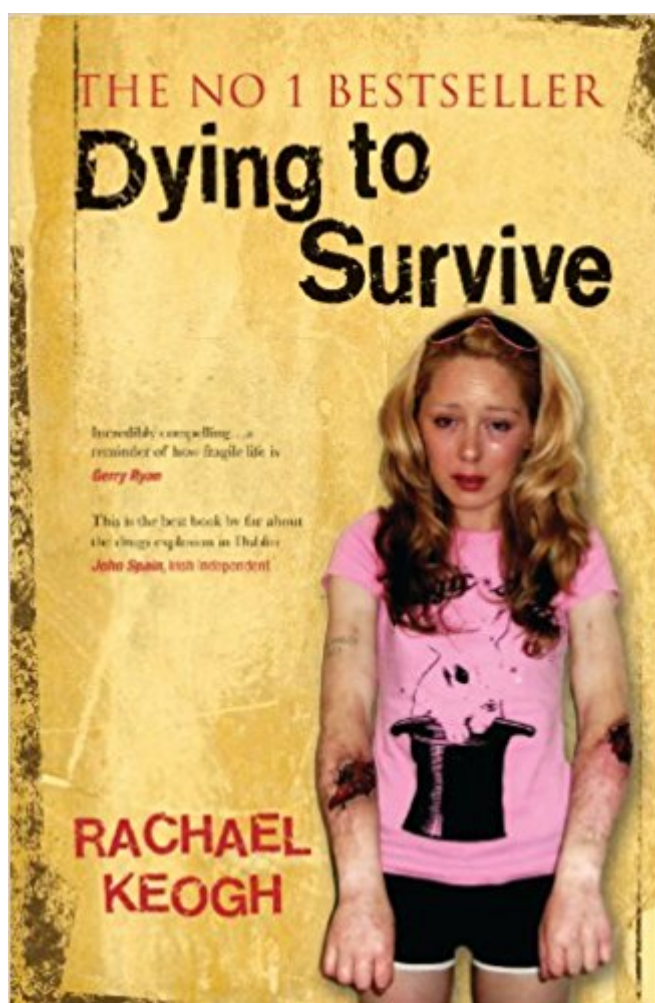


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# Dying To Survive: Surviving Drug Addiction: A Personal Journey Through Drug Addiction



## Synopsis

The remarkable No 1 bestselling memoir that everyone's talking about: "An inspiration" • Alison O'Reilly, Sky News "100% worthwhile" • Belfast Telegraph "makes us realise how lucky we are" • Amanda Brunker "This is an incredible story, told completely straight" no sensationalism, no self-pity and plenty of wicked humour thrown in. Gripping, extraordinary and so shocking you have to keep reminding yourself that this really happens" this is one all teenagers and parents should read. Hell, it should be on the school curriculum •, Evening Echo In her early twenties, Rachael Keogh was a desperate heroin addict. Her addiction to the drug took her to a place about as low as a person can go. She stole and turned to prostitution to help her feed her habit. Rachel had grown up in Ballymun and had, like many others, succumbed to the lure of drugs during her teenage years. This is Rachael Keogh's own story written in her own words. She is now thirty, a student of psychotherapy, an attractive and optimistic young woman. Her story is a remarkable account of recovery from the very edge of personal destruction. It is a heart-lifting story of human redemption. Rachael Keogh is a thirty year old Dubliner, the mother of a baby boy, and a student.

## Book Information

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## Customer Reviews

This book was about a heroin addict's struggle to be clean and the effect that her drug use had on the people around her. Racheal's addiction is so bad that her arms were at risk of being amputated, due to the wounds from all the needles she used to shoot up. The book was a great read and also has some photos at the end.

One of the best addiction stories I have ever read! A real page turner. Rachael went to hell and back and survived, eventually conquering her demons. She teaches us all that there is hope and redemption, no matter how bad your addiction is. Kudos to Rachael for telling her story. You go girl!

This story of a young girl who got into drugs and it changed her life forever. This is a great book for all you partiers out there. It really brings you back to reality. This book is very well written and gives you a lot of hope for young Rachael. Follow your dreams. You can do anything if you push yourself hard enough.

I just wanted to say that I was drawn to this book because in my addiction my feet looked like her arms. I too was looking to get amputated as well. I think Rachael was amazingly brave and brilliant to write with such heartbreaking honesty. I cheered for her through this entire book. Bless her heart, I hope she is still doing well to this day. I wish her all the best!

An amazing reminder that you should never give up on anyone. A good person that did a lot of awful things. It would have been easy for everyone to give up her, including herself. Inspiring. So glad I read it.

Rachael's story is one of desperation, addiction and self awareness. Empowering read, teaching us that all answers are within ourselves and obtainable once we learn to love ourselves. Rachael's honesty showed us both sides of her and the transitional separation. This book would be a good read for anybody. We all struggle with internal Demons whether they be Drugs or other conflicts. Living first hand Rachael's experiences and vulnerabilities makes one realize that anything is possible.

Wow. I've never read a story quite like this. It should be required reading for teens. Drugs scare the hell out of me, but to know what this poor lass did to herself..heartbreaking. it's an incredible story that provides proof that no-one is beyond saving.

I couldn't put this book down, it was a very fascinating account of what is going on in the addict's mind. It will give you an understanding of what your loved one is going through. There is hope for addicts.

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Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits,  
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